

Hi Robbie,

Today you got to wear a superflex cape for when you received your superflex award! You look good in that cape Robbie:) Then you did much of your work with your teacher Sarah. First you did shoulder to shoulder with Sarah, then you did movement with balancing on the gym ball and throwing the beach ball back and forth. You worked hard at thinking about the expected and unexpected behaviors for being in a group. These behaviors will be really important to practice next week when the other kids come to the Superflex Academy.

You learned two 'brain gym' activities that help grow your social thinking brain cells. Then we had a very important conversation about autism. You had lots of questions about autism and you also said you wished everyone had autism so you could be like everyone else. It's hard to be different and you said it made you feel angry and sad. I used the word- BORING' when I thought about a world with all the brains thinking the same way. Robbie, the world needs all kinds of thinking and brains, including autism thinking brains. You have some very good thinking and creative ideas. If you could take away your autism, those interesting ideas might disappear too. It would be good if people who are neurotypical (They don't have autism.) could think a little bit more like autistic thinkers and autistic thinkers need to think more socially, the way the neurotypicals think. Everybody needs to work on their flexible thinking! Lastly, we had a great conversation about your trip to NYC and your cousins. When we started the conversation Rock Brain kept you on the floor, it took you a long time to get up, but then.....

you used your super flexible thinking and changed your mind to getting up off the floor and having that nice conversation on the couch with me. It's fun getting to know you Robbie!

Kathleen