

Hi Rory,

Another great day for you at the Superflex Academy! You were low energy when you started and you figured out that full body rolling helped to wake you up. It was especially smart because you thought of the strategy all by yourself. Part of social smarts is knowing what you need to do to get in your green zone- ready to be part of a group or just sharing space with other people.

You started to learn about how when you are talking to someone you want to do it 'shoulder to shoulder'. You did such a good job with that rory and when you were doing it, we had a very nice conversation about Florida and your girlfriend who you met at rainbow camp. **Your Superflex powers were at their strongest ever when we had that conversation!** Now I know how truly strong your super flexible thinking and social skills can be sometimes. We also read a comic book story strip about feedback. It showed that the whole time the boys were talking they had their shoulders pointed at each other. You did that too when we were talking. I really liked that because I used my ears to hear your words about your girlfriend but I also used my eyes and I saw you were smiling when you talked about her. That let me know that you *really* like her!

Lunch time...you started right out choosing what you called a #4 food- the macaroni and cheese. You ate it all and earned 10 lego pieces! Very flexible, adaptable eating Rory. You would survive even on the planet of Cogno! I think you have defeated Rock Brain when it comes to thinking you can't or won't eat macaroni and cheese. I have a Superflex Award certificate for you because you defeated Rock Brain thinking about the mac and cheese.

And we did play a little bit of the board game Cogno. You took turns very well and you have so many science smarts that you will be a whiz at this game. We will work on keeping your brain and your body in the group for the whole time you are playing. It was good thinking when you knew you had played for as long as you could. The Unthinkables are sure having a hard time taking over your social town!

See you tomorrow Rory,

Kathleen